



Because YOU Matter!

**Trumbull County Wellness Committee
Meeting Summary
Wednesday, July 8, 2020**

The Trumbull County Wellness Committee met on Wednesday, July 8, 2020, via Zoom. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson
Steve Charles, HR
Debbie VanWinkle, TCSE
Mitzi Sabella, Planning Commission
Angie Mackey, UHC
Mike Merk, UHC

Chairperson, Jenna Amerine called the meeting to order at 3:30 p.m.

I. Old Business

COVID-19 updates – Jenna Amerine stated that starting at 6:00 p.m. today, masks must be worn in Trumbull County.

Wellness Plan

Jenna Amerine reported the following:

- There is going to be drawing for those who have completed 1 mission by June 30, 2020, for Rally.
- Rally Promotion 2020 – 3 \$500 gift cards with quarterly reminder emails sent in September and December.
- STRAVA Virtual 5K is on-going and there are 51 members signed up. Kayaking is now allowed. Jenna will send out the notice again about STRAVA.

II. New Business

- Mike Merk said he can do a virtual Lunch and Learn on preventative immunizations.
- Jenna will find out about have a flu shot clinic this year.
- Jenna will find about having a blood drive since there is a blood shortage.

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The next Wellness Committee Meeting will be on August 6, 2020, at 3:00 p.m. via Zoom.

III. Adjournment

There being no further business, the meeting was adjourned at 4:00 p.m.

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